

# ALL DAY MENU



## ACAI BOWL (DF/GF/ VEGAN)

house made granola, coconut flakes, goji berries, chia seeds, fresh berries

## THE TRADESMAN BREKKY (OPT GF/OPT VEG)

free range eggs-poached, fried or scrambled, field mushrooms, hashbrown, roasted tomatoes, avocado smash, free range Otway bacon, chorizo, and beetroot puree on grain sourdough bread (no swapping)

+ Add tomato relish \$2

## SMASHED AVOCADO (OPT GF/OPT DF/ VEG)

19.5

w/ corn, beetroot puree, Persian fetta, mixed seeds, on grain sourdough bread

- + Add free range Otway bacon \$7
- + Add Egg \$4 each

## **SOUTHERN SCRAMBLED EGGS**

21.5

chipotle eggs with grain sourdough with spinach, tomato, white onion & black bean salsa

- + Add free range Otway bacon \$7
- + Add chorizo \$7

## **BREAKFAST BURGER (OPT GF)**

Fried eggs, free range bacon, lettuce, fresh tomatoes & tomato relish

- + Add tasty cheese \$2
- + Add avocado \$5
- + Add hash brown (gf) \$5

## SUPER FOOD SALAD

22

kale, sweet potato, turmeric cauliflower, trio quinoa, beetroot yogurt & two free range poached eggs

- + Add bacon \$7
- + Add avocado \$5
- + Add hash brown (gf) \$5

## SLOW COOKED LAMB

Slow cooked lamb, house made baba ghanoush, on grain salad, honey cumin yogurt

## **CHICKEN AVOCADO FOCACCIA**

16.50

chicken, spinach, tasty cheese, sun dried tomato, basil pesto fresh avo & mayo

## **BEEF SHORT RIBS BURGER**

27.5

slow cooked bbg beef ribs served on a brioche bun with apple & cabbage slaw

+ Add chips \$8

## **BUFFALO CHICKEN BURGER**

23.5

buttermilk marinated chicken, coleslaw, pickles, amercian cheese, baby ray buffalo sauce with chips & tomato sauce

# CORN, SPINACH & HALOUMI CHEESE FRITTERS (VEG)

w secret sauce & two free range poached eggs, corn,

cucumber, capsicum and coriander salsa

- + Add free range Otway bacon \$7
- + Add hashbrown (GF) \$5

# EGGS BENEDICT (OPT GF)

21

Otway bacon, two free range poached eggs w/ hollandaise sauce on grain sourdough bread

+ Add spinach \$5

## **RED VELVET PANCAKES (VEG)**

w/ vanilla mascarpone, brownie soil, seasonal berries topped with vanilla ice cream and maple syrup on side

## WAGYU BEEF BURGER (OPT GF)

w/ free range Otway bacon, caramelised onion, American cheese, fresh tomatoes, lettuce, mustard mayo, chips & tomato sauce

## MUSHROOM TOASTIE

16.5

w/ Spinach, caramelised onion, grilled haloumi cheese, marinated field mushroom, tasty cheese & tomato relish

# **TOAST (GRAIN SOURDOUGH / FRUIT / GLUTEN FREE)**

two slices, served w/ peanut butter / jam / vegemite

## **EGGS YOUR WAY ON TOAST**

15

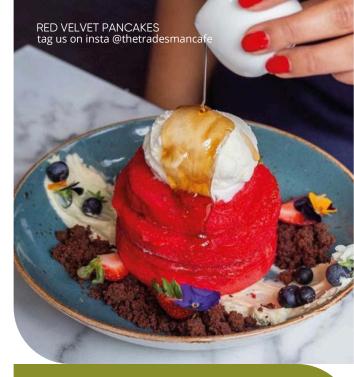
free range eggs-poached, fried or scrambled on grain bread sour dough or gluten free

- + Add bacon \$7
- + Add avocado \$5
- + Add hash brown (gf) \$5

#### **FRENCH FRIES**

**SMALL 8 / LARGE 12** 

w/ herb salt and tomato sauce



## YOUR GOOD SIDES

Grain sourdough bread / gluten free bread / hollandaise / tomato relish / fetta

Extra egg

Roasted mushrooms / spinach / smashed avocado / hash brown / roasted tomato / halloumi cheese

Free range Otway bacon / chorizo

Note: extras are normally sold with a meal – if ordered on their own or in combination with each other we add a \$3 plating charge

No split bills. 15% surcharge applies on public **holidays**, We do catering and functions emails us thetradesmancafe@gmail.com or call us on 03 8525 0110

# THE TRADESMAN -X-

DRINKS		VEGAN SMOOTHIES	11	BOOZE
Regular / large	4.7 / 5.5	Mango Passion: Mango, banana, passion fruit,		Orange Mimosa
Mocha	5 / 5.7	coconut water, maple syrup topped with coconut flakes		Tommy Margarita
Short / long black	4.7 / 5.5			Espresso Martini
Short / long macchiato	4.7 / 5.5	<b>Berry Bang:</b> Blueberries, banana, coconut water	er,	Beer
Hot chocolate	4.7 / 5.5	maple syrup topped with chia seeds		Sparking Paul Louis
Prana masala chai latte / Tea	5.5			Pizzini Pinot Grigio
Turmeric latte / Matcha latte	5.5			Wild Gully Sauvignon Blanc
Bonsoy / Coconut milk / Lactose free milk	0.5	COLD PRESS JUICES		
Almond milk / Oat milk	1	0	8	
Vanilla / Caramel / Hazelnut	0.5	Orange juice		
Extra shot / Decaf	0.5	Watermelon, pineapple & mint	9	
Iced latte	5/6	Carrot & ginger with pinky lady ,orange & lemon	9	
Iced Chai	5/6	MILKSHAKES W/WHIPPED CREAM (R) 9 / (L)	11	FOR RETAIL
Iced co ee with ice cream & cream	7/9			
Iced mocha with ice cream & cream	7/9	Chocolate / Salted Caramel / Strawberry / Vani	lla /	Coffee Bag (1kg)
Code black Cold brew	6	Blue heaven/caramel		Coffee Bag (250g)
	Ü	SOFT DRINKS		Prana Masala Chai (250g )
				Matcha Powder (70g)
		Coke / Coke Zero / Sprite	4	Tumeric Powder (100g)
TEA	4.5	Lemon Lime Bitter	6	
English breakfast /supreme earl grey/ honey dew		Peach Ice tea	9	
green / peppermint/lemon grass/ chamomile		Still Water / 500ml Sparkling	4/5	
blossoms	ille			
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